

# SAVANNAH SANTIAGO

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## EDUCATION

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Residency Training: Ascension St. Vincent Hospital – Indianapolis, IN

Resident Doctor in Podiatric Medicine and Surgery

Anticipated Graduation July 2027

Western University of Health Sciences College of Podiatric Medicine

Anticipated Doctor of Podiatric Medicine in May 2024

University of Colorado Colorado Springs

B.S. Biomedical Sciences, Spanish Language and Culture, May 2020

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## RESEARCH, PUBLICATIONS, & PRESENTATIONS

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### Publications

Santiago, Savannah M, and Patrick DeHeer. "Why We Need to Have Affective Empathy for Our Patients." *Podiatry Today*, 26 Mar. 2024, [www.hmpgloballearningnetwork.com/site/podiatry/blog/why-we-need-have-affective-empathy-our-patients](http://www.hmpgloballearningnetwork.com/site/podiatry/blog/why-we-need-have-affective-empathy-our-patients).

Santiago, Savannah M. "Practice Perfect 871: A Letter to Prospective Medical Students." *Present Podiatry*, 25 July 2023, <https://www.podiatry.com/news/Practice+Perfect>.

Santiago, Savannah M, and Airam Caldera . "The Efficacy of Night Splints as Adjunct Therapy in the Treatment of Plantar Fasciitis: A Comprehensive Literature Review." *Extremities Journal of Lower Extremity Medicine*, vol. 10, Apr. 2023, pp. 30–35.

Santiago, Savannah M, et al. "Correlation between Poor Glycemic Control in Type 2 Diabetic Patients and Subsequent Diagnosis of Dementia ." *Extremities Journal of Lower Extremity Medicine*, vol. 10, Apr. 2023, pp. 78–84.

Santiago, Savannah M, and Hadia Bharoocha. "Treatment and Impact of Accessory Navicular Syndrome in Athlete and Non-Athlete Populations ." *Extremities Journal of Lower Extremity Medicine*, vol. 9, Apr. 2022, pp. 48–51.

### Presentations

Case study on AITFL Reconstruction in an Ankle ORIF February 2024

Poster Presented at ACFAS 2024, Faculty Advisor Dr. Kevin Lu

Lauge-Hansen: Fact or fiction? June 2023

Presentation by Dr. Jarrod Shapiro at Western Foot and Ankle Conference

The Use of 8% Capsaicin in Pain Secondary to Neuropathy September 2022

Presented at Western University Research Fair, Faculty Advisor Dr. Jonathan Labovitz

The Gut-Brain Axis and Sugar Preference

Poster Presented at Colorado Research Symposium

April 2020

### Grand Round Presentations

Plastics in Podiatry: Local Transpositional and Rotational Flaps

November 2023

Perioperative Evaluation, Management, and Risk Assessment of Nutritional Status in Patients Undergoing Surgery in the Lower Extremity	October 2023
Recurrent Pain and Complications Associated with Kidner Procedure	August 2023
The Use of MIS in Trauma Surgery in Podiatry	May 2023
Rate of Non-union in MIS Bunion Surgery vs Open Bunion Surgery	April 2023
Common Physical Therapy Modalities for Post-Operative Pain Management	November 2022
Ganglion Cyst Case Study	November 2022
<u>Current Ongoing Research</u>	
Improved Healing of Pedal Fissures	June 2023 – Current
In the empirical phase with IRB approval, Faculty Advisor Dr. Rebecca Moellmer	
Use of Leech Therapy for Muscle Flaps	August 2022- Current
Manuscript phase, Faculty Advisor Dr. Kelsey Millonig	

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## LEADERSHIP POSITIONS

Social Media Manager for American College of Foot and Ankle Pediatrics	July 2023- Current
Student Liaison “She’s a DPM” Podcast	July 2022- Present
Academic Peer Tutor for WesternU LEAD office	May 2021- Present
Student Mentor in Big Buddy Mentorship Program	May 2021- Present
Student Ambassador and Leadership Team	January 2021- Present
Editor, Extremitas Journal of Lower Limb Medicine	August 2022- 2023
President American Association for Women Podiatrists	January 2021-February 2022
Team Manager and Captain of UCCS Cross Country Team	May 2017- May 2020

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## HONORS AND AWARDS

College of Podiatric Medicine Alumni Award, WesternU	March 2024
AAWP Founders Scholarship	October 2023
Darco International Scholarship	September 2023
Annual APMA Student Bowl Participant	July 2023
APMSA National Student of the Year Runner up	July 2023
APMSA Student of the Year Award, WesternU	May 2023
Dean’s Leadership and Service Award	April 2023
Bako Medical Education Foundation Endowed Scholarship	March 2022
APHA Scholarship Recipient	March 2022
WesternU Summer Research Fellowship Recipient	March 2022
Student of the Month, WesternU	February 2021
Nutrition in Medicine Certificate	May 2021
Diversity, Inclusion, and Equity Certificate	May 2021

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## CERTIFICATIONS AND LICENSES

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ACLS/BLS Certification American Heart Association	July 2022
American Board of Podiatric Medical Licensing Examination Part 1/2	July 2022/Feb2024
Medical Spanish Fluency and Translation Certification	August 2019

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## VOLUNTEER AND COMMUNITY SERVICE

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Special Olympics Glendora Medical Volunteer/ Translator	February 2024
Happy Feet Community Diabetic Check Podiatry Medical Volunteer/ Translator	February 2024
Translated all Patient Education Forms into Spanish for WesternU Patient Care Center	February 2023
ACFAS Be Our Guest, Volunteer at ACFAS Conference	February 2023
Guest Speaker on "She's a DPM" Podcast <a href="https://shesadpm.buzzsprout.com/1845450/11566922-she-s-a-future-dpm-savannah-santiago-insights-as-a-third-year-podiatric-medicine-surgical-student">https://shesadpm.buzzsprout.com/1845450/11566922-she-s-a-future-dpm-savannah-santiago-insights-as-a-third-year-podiatric-medicine-surgical-student</a>	October 2023
Presenter at UCLA's Career Health Panel	May 2022
Medical Volunteer Care Harbor (Podiatry)	March 2022
Presenter at Happy Feet Podiatry Interest board UCLA	March 2022
Medical Volunteer and Translator at Rady Children's Artemis Project	May 2021
Presenter at University of Colorado Spanish Language Career Panel	May 2020
Presenter at the University of Colorado Career Fair	March 2020

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## HOBBIES, INTERESTS, ACTIVITIES

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NCAA Cross Country and Track and Field athlete	August 2016- May 2020
Running, hiking, surfing, baking, and anything including time outside!	

